



# Emergency First Aid Course



The Calway Centre in partnership with Glasgow Kelvin College will be running a **1 Day Emergency First Aid Course** in the Calway Centre on:



**Wednesday 20<sup>th</sup> November 2024**  
**(9am – 4pm)**



**This course is absolutely FREE!**

The purpose of First Aid is to provide immediate care to sick or injured patients until full medical help is available. The five main aims of first aid are to: **Preserve** life, **Prevent** the escalation of illness or injury, **Promote** recovery, **Provide** pain relief, and **Protect** the unconscious.

Accidents and injuries can happen at any time and anywhere, whether it be to a member of the family, a friend, a colleague, or a stranger, if you are prepared you could prevent things getting worse and possibly save a life!

**If you are interested in attending this 1 Day Course, and can attend 9am – 4pm, we would like to hear from you!**

By gaining this sought after qualification you will have the experience and skills to assist someone who is ill or injured and make a difference until the emergency services have arrived if they are required. This qualification can also help you in your personal and career development!

**To register for this course or to find out more information, please contact Eddie Cusick (Centre Manager) on 07498843491 or [ecusick@calvay.org.uk](mailto:ecusick@calvay.org.uk) or pop into the centre office for a chat!**